THIS IS MY COMMANDMENT, THAT YOU



EVEN AS I HAVE LOVED YOU. GREATER LOVE HAS NO ONE THAN THIS, THAT SOMEONE LAY DOWN HIS LIFE FOR HIS



JOHN 15:12-13



John 15:12-13

This is my commandment, that you love one another, even as I have loved you. Greater love has no one than this, that someone lay down his life for his friends.

Opening: Ready (Silencio), Prepare a meal

Spend a moment in silence to calm your heart. Invite the Holy Spirit to guide your time. We suggest that you spend a few minutes coloring to prepare your heart and mind.

Step #1: Read (Lectio), Take a bite

Read the Scripture above slowly and prayerfully 2-3 times. Read it out loud if possible. Listen with the ears of your heart. What word or phrase stands out to you?

Step #2: Reflect (Meditatio), Chew

Re-read the verse several times. You may want to read different translations as well. You will find seven different translations on the last page of this journal. Allow God to speak to your heart in a deeper way. What feelings and emotions arise in you? Engage all of your senses and the eyes of your heart, your godly imagination. What do you experience and observe?

Step #3: Respond (Oratio), Savor

What do you sense God saying to you through this Scripture? How is God calling you to respond?

Step #4: Rest (Contemplatio), Digest

Take some time in stillness listening to God. End with a prayer, committing to God what you sensed Him saying to you in step three above. On the next page, read the prayer and then write your own prayer of response.

New to Lectio Divina? Download a getting started guide <u>here</u>.





 \mathbf{F} ather, we ask that You give us a supernatural love that we are unable to generate on our own. As we write, help us to bleed this love on the pages of our books. May those who receive our books be pointed to the love found in You. In Jesus' name, Amen.

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Write a prayer based on the Scripture in your own words below.





Bush Lettering

Introduction to the Lettering Practice Sheets

In addition to coloring, we also wanted to provide an opportunity for you to letter each of our theme verses. This is another way you can hide God's Word in your heart (Psalm 119:11) and meditate on Scripture day and night (Psalm 1:2).

Lettering is similar to traditional calligraphy but doesn't have all the strict rules. I use brush lettering with a modern style.

Enclosed you will find the following for each coloring page design:

- 1. Lettering practice sheets you can use with small brush pens.
- 2. Lettering practice sheets you can use with large brush pens.
- 3. The coloring page with the lettering in gray to trace over.
- 4. The coloring page without the lettering. This allows you to practice the lettering on your own. You can use different translations of the Scripture and also create your own designs. So fun!

For beginners, I recommend these small brush pens: <u>http://yourcreativeadventure.com/brush-lettering-pens/</u>

Large brush pens include Karin markers, Tombow dual tip brush markers, and many others.

You can use regular copy paper, but over time it damages the tips of most brush pens. Therefore, if possible, I recommend using smooth paper. HP premium laser jet paper is an affordable option and can be used in your printer: <u>https://amzn.to/375dBOQ</u>

If you use regular copy paper, you can get tracing paper to practice your lettering over it. Tracing paper has a smooth texture and allows you to practice over and over again using the same lettering practice sheets. Any tracing paper will work. Here is one option: <u>https://amzn.to/3gKMAEN</u>

If you want to use these practice sheets with watercolor, you can place them underneath your watercolor paper and use a light pad to trace the lettering lightly with pencil. Or you can hold the paper against a window during the day to trace the outline on the watercolor paper.

If you want to learn more about lettering, you can access my Faux Calligraphy class for free here: <u>http://yourcreativeadventure.com/free/</u>

I also have a brush lettering class on Skillshare here: <u>https://skl.sh/2lwvwWa</u>

Finally, if you want to fully immerse yourself in brush lettering, I encourage you to get my comprehensive 168-page Brush Strokes workbook here: <u>http://yourcreativeadventure.com/workbook</u>. Use the coupon code LIVINGCOLORS for 40% off.

LETTERING PRACTICE SHEET FOR SMALL PENS

Step 2: Your turn Step 1: Trace each word Step 2: Your turn Step 1: Trace each word Step 2: Your turn

LETTERING PRACTICE SHEET FOR SMALL PENS

niends	mends	mends	
2: Your turn	0	0	
			_

LETTERING PRACTICE SHEET FOR LARGE PENS

OPE OPE
Step 2: Your turn
Step 1: Trace each word
one one
Step 2: Your turn
Step 1: Trace each word
and here
Step 2: Your turn

LETTERING PRACTICE SHEET FOR LARGE PENS



THIS IS MY COMMANDMENT, THAT YOU

love one another

EVEN AS I HAVE LOVED YOU. GREATER LOVE HAS NO ONE THAN THIS, THAT SOMEONE LAY DOWN HIS LIFE FOR HIS



JOHN 15:12-13



JOHN 15:12-13

ohn 15:12-13

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COMMANDMENT LOVE ONE ANOTHER GREATER SOMEONE LAY DOWN LIFE FRIENDS JESUS FATHER

John 15:12-13





ohn 15:12-13



COMMANDMENT LOVE ONE ANOTHER GREATER SOMEONE LAY DOWN LIFE FRIENDS JESUS FATHER

John 15:12-13



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